

# WIMBORNE FOOD BANK PLUS



## Annual Review 2018 SPEAKING HOPE... TO THOSE IN CRISIS

*Matt 25:40*

*The King will reply, "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."*

**faithworks**  
INSPIRING HOPE-FILLED LIVES  
WESSEX

*A community project supported by Faithworks*

“Pointing you in the right direction”

## What is Wimborne Food Bank all about...



### Thank you and welcome

■ “The Food Bank has been an absolute lifeline for me and my children, I don’t know what we would have done without it.”

Thank you! Once again, Wimborne Food Bank has played its part in giving hope to those facing all sorts of crises in 2018. We are often asked about the reasons that people come to the Food Bank, it could be a: short-term family crisis, like illness or a boiler going; a key family member has lost their job; or that even while in work, a lone parent family can’t earn enough to make ends meet. And yes, some are moving on to Universal Credit or other benefits and need help while things are addressed.

Whatever the reason, the Food Bank is there to not just give out food, but to say “there is Hope”, and to practically demonstrate that. We hope the following pages give you an insight into all that goes on here.

And THANK YOU to so many people, without whom we could not exist. Whether you donate food and goods, give money, give time, invite us to your group, partner with us in helping people, or pray for the work... THANK YOU – you have helped Speak Hope into at least 635 adults and children this year.

Yours in Christ



**We call ourselves  
Wimborne Food Bank-PLUS.**

That “+” sign is important, because though many of our guests just need one parcel to help them out of their crisis, an increasing number are facing longer term challenges. Our staff and volunteers aim to “walk alongside” them on their journey out of crisis. Here’s what we can do to help when someone walks in with their red voucher of referral from an agency, school, church or GP:

- Food parcels with at least 3 days’ worth of balanced, nutritious food
- Holiday parcels for those families who normally receive free school meals
- Referral on to local “social supermarket”
- Cooking on a budget courses
- Budget coaching and help with debt (through Faithworks CMA)
- Additional furniture bank help to those needing items at home

Nick Bold  
Manager



Iain Stevenson  
chair

## Our year in numbers

It's been another great year. Just look at these statistics...

466



466 Food Bank parcels giving food for 1281 mouths...

5



Our first Cooking on a budget course for 5 people

49



49 Holiday hunger vouchers to 26 families

26



26 people introduced to a benefits & housing advisor.

## Our year in a story

We've received so many kind words about how the Food Bank has given hope in crisis - here's just one such story...

“Miriam and her two young daughters were forced into coming to the Food Bank when their benefits were stopped. When she came to the Food Bank, the volunteers met her, had a chat and then went off as normal to prepare a family pack with enough food to last 4 days. However, the bonus came when they pointed out that on the next table there was a Housing & Benefits Adviser from the YOU trust. Straightaway, Miriam was able to get immediate and clear advice on how to appeal the benefits decision. Not only that, she was signed up there and then for Emergency Local Assistance to help with gas and electricity costs. She left knowing that she could continue to be referred to the Food Bank until her benefits were sorted - the family didn't just have a lifeline in their crisis, but there was hope and a way forward. “I'm really organised and have good budgeting skills” Miriam said, “it's just that my income isn't enough to cover all our basic costs”. That's when Food Bank+ comes alongside. ”



WIMBORNE  
FOOD BANK+



# Our year in quotes

What do people say...

“Jordan, a volunteer at the Food Bank, says it’s not just giving out food but also giving people the opportunity to explain a little more about their situation, if that’s what they want to do. It’s also about ensuring people leave knowing how to access any additional support they may need.”



“Corinne, someone who has used the Food Bank in the past explained that it was incredibly hard to walk in the door and ask for food but the volunteers were great – they offered me the opportunity to talk about my situation without being nosey or pushy. They were able to point me in the right direction for some advice and sorted me out with enough food for at least three days and encouraged me to come back if I needed to. I did need to and going back a second time was much easier.”

“One local Head Teacher said that it’s obviously very difficult for young people to concentrate and learn when they are hungry and things at home are difficult. We have a good relationship with the Food Bank and it’s helpful to know that we can refer a family to them if necessary.”

## Stacking up financially



We have a fantastic team at Wimborne Food Bank who work incredibly hard and are always generously supported by a network of partners. But, as always there is more that needs to be done.

### Support us financially.

You can donate in the following ways.

**1. Text giving using DonR, donr**

simply text\* the word WIMBORNE followed by the amount\*\* you wish to donate and the frequency to 70085.

\*You will be charged the amount donated, plus a standard network rate message. If donating monthly, you will then be charged the donation amount to your monthly mobile bill.

\*\*If you do not text a figure you wish to donate, the default amount will be £5

**2. Localgiving:** scan the QR code or go to <https://localgiving.org/charity/fww/> and specify that you wish your donation to go to Wimborne Food Bank.



PLUS

£16,700	£14,310
Income	Costs
2018	

**Costs:** £14,310 made up of 59% salary and specialist helpers, 17% premises, 5% equipment, 4% IT, 15% other.

## Thank you

The help received from the following, made it all possible.

**To the 23 individuals** who regularly gave a total of over £407 per month

**To the 10 churches** who gave over £2000 and vast amounts of food in the year

**To these businesses and funders** who made the work possible: Teachers Building Society, Canford School, Wimborne Rotary, Lord and Lady Phillimore, Wimborne WI, Wimborne Cycle Network, Waitrose, Coop Food, Village Voices and the Furzehill Residents Association

**To the 34 volunteers** who are the hands and feet of the Food Bank

**To Leigh Park Community Centre** who host the Food Bank, and for Wimborne Baptist Church who have helped us so generously with storage

**To Action for Children** for being such an incredible team

**And to everyone else** that has given time, energy and support in whatever way that I don't have space to mention here!

# In need of help?

If you're in times of financial crisis the Food Bank+ may be able to help you start to get back on your feet...

If you need help yourself, then get in touch with Citizens Advice or the Council first of all; they will work with you and can issue Food Bank vouchers if needed.



# Able to give help?

Food Bank+ would really appreciate any help you feel able to give...

**Praying:** Pray regularly for the work – that we can support people to get out of financial crisis long term

**Shopping:** If you want to give food, then check out the 'shopping list' on our [website wimbornefoodbank.org.uk](http://www.wimbornefoodbank.org.uk) or scan the QR code below  
You can drop it off at Leigh Park Community Centre during normal working hours, ideally Wednesday 10-12 or Friday 2-4pm

**Social Media:** Follow us on Facebook at: [facebook.com/wimbornefoodbank/](https://facebook.com/wimbornefoodbank/) or scan the Facebook QR code below to find our page

**Regular giving:** You could donate through **Localgiving** (see page 7) or set up a standing order to donate financially. Even £5 a month will help



For more information or if you know someone who might need our help, contact the team at:

## Wimborne Food Bank+

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Charity registration no. 1108714 Company registration no. 5077777

